

PORT FOLIO



ADANA **MAM LEGROS**

2023 - Artist Portfolio

BIO

Adana **Mam** Legros



Adana, a captivating French-Cambodian artist and activist, intertwines the realms of art expression, psychological exploration, and her poignant life experiences with a fervent dedication to social activism.

Her artistic journey took flight with a mesmerizing debut exhibition in New York back in 2019, paving the way for an impressive series of 17 international showcases. Not only does Adana exhibit her art globally, but she also orchestrates exhibitions with a noble cause at heart – donating proceeds to local NGOs. One remarkable event raised a staggering \$150,000 in support of a psycho-social non-profit organization.

Adana's artistic prowess has garnered the admiration of notable figures like Academy Award winner Susan Sarandon, Hollywood star Annalynne McCord, renowned American composer Chloe Flower, and Cambodian-American songstress Laura Mam. Most recently, her evocative paintings found a new home in the collection of esteemed individuals such as the director of private sales at Hong Kong Sotheby's and the esteemed business magnate behind Rosewood Hotel Cambodia, Mr. Vattanac.

- Shortlisted for Women of the Future Awards South East Asia in the category of Art and Culture, endorsed by the Minister of Women's Affairs, and the Secretary-General of the Council for the Development of Cambodia.
- Nominated for Asia 21 Young Leaders by The Director of the Cambodian National Bank.
- Exhibitions in New York, Paris, Sydney, Brussels, Bangkok, Montpellier, Phnom Penh and Siem Reap.

ART

As she grappled with the harsh reality of cancer at just 21, navigating the relentless trials of chemotherapy, an artist emerged within her. Bound to a bed of suffering, she discovered a sanctuary where her spirit thrived, finding healing through artistic expression.

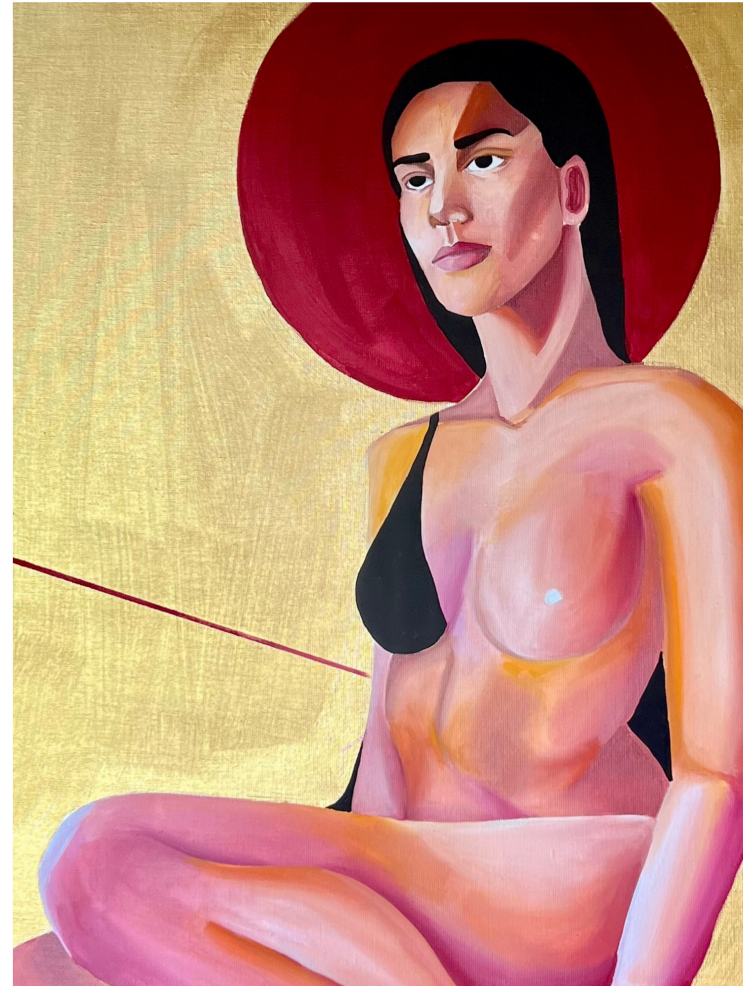
Adana's art is a captivating fusion of surrealism and naïve art, where nude, earthy-toned bodies with golden halos tell tales of both suffering and resilience. These ethereal creations pay homage to the untold stories of exploited women who surrounded her earlier in life. In her recent works, Adana unveils self-portraits enveloped by Cambodian motifs, serving as a reminder of her roots and a heartfelt yearning to reconnect with her ancestral lineage. Immersed in vibrant landscapes teeming with exotic blooms and lush foliage, she resurrects childhood memories, finding solace in nature.

(Through her artistry, she navigates an identity crisis, seeking a sense of belonging amidst the intricate tapestry of two intertwined cultural heritages marked by tumultuous histories – from the era of the French protectorate to the shadows cast by Western involvement in the Khmer Rouge genocide.)

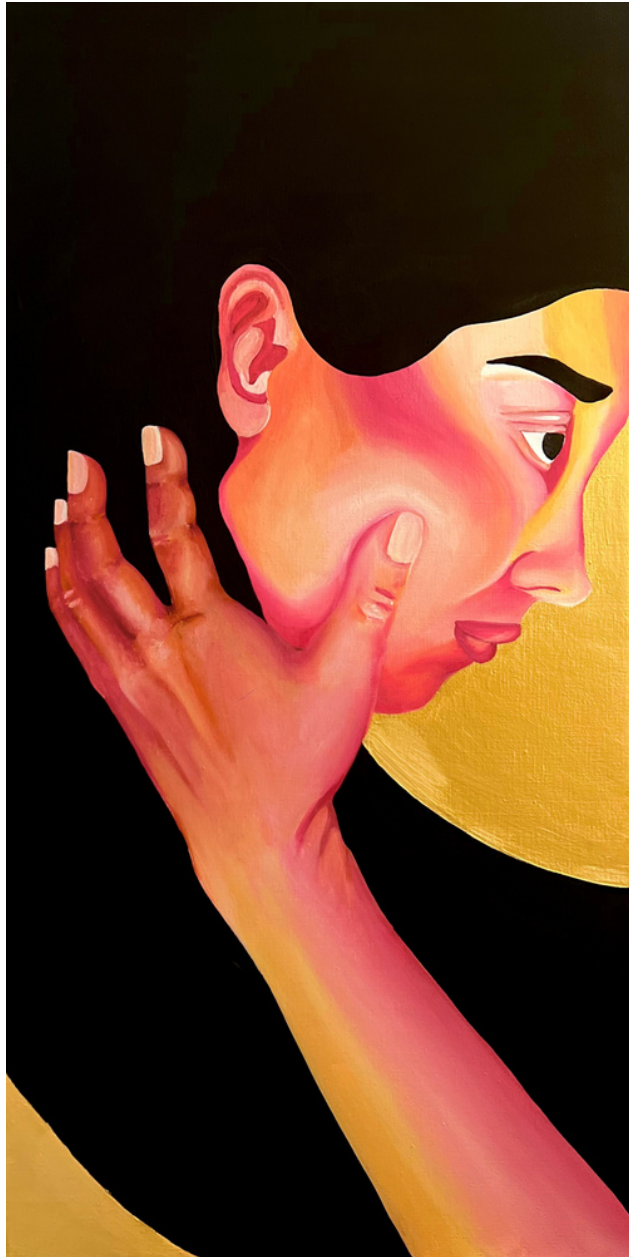
Following an intensive 3-and-a-half-year psychoanalytic journey delving into the depths of her subconscious, Adana's art emerges as a powerful exploration for self-discovery. Art plays a central role in her quest for individuation, providing a valuable space for exploration and reflection on her own self and the surrounding world. Each brushstroke is used as an efficient tool of symbolization, inviting unexpected messages to surface on her canvas. Drawing parallels with Winnicott's theories on early mother-child relationships, Adana's creations embody a transitional space where profound emotions and experiences converge in a harmonious dance of creative expression offering a deep introspection.



Acrylic on canvas,
92 x 65 cm
2024



Acrylic on canvas,
100 x 50 cm
2024



Diptych,
Acrylic on canvas,
2024



แม่ (mom)
Acrylic on canvas,
120 x 100 cm
2024



Acrylic on canvas,
79.50 x 99.50 cm
2023



Acrylic on canvas,
100 x 99.50 cm
2023



Diptych, Acrylic on canvas,
70 x70 cm
2023



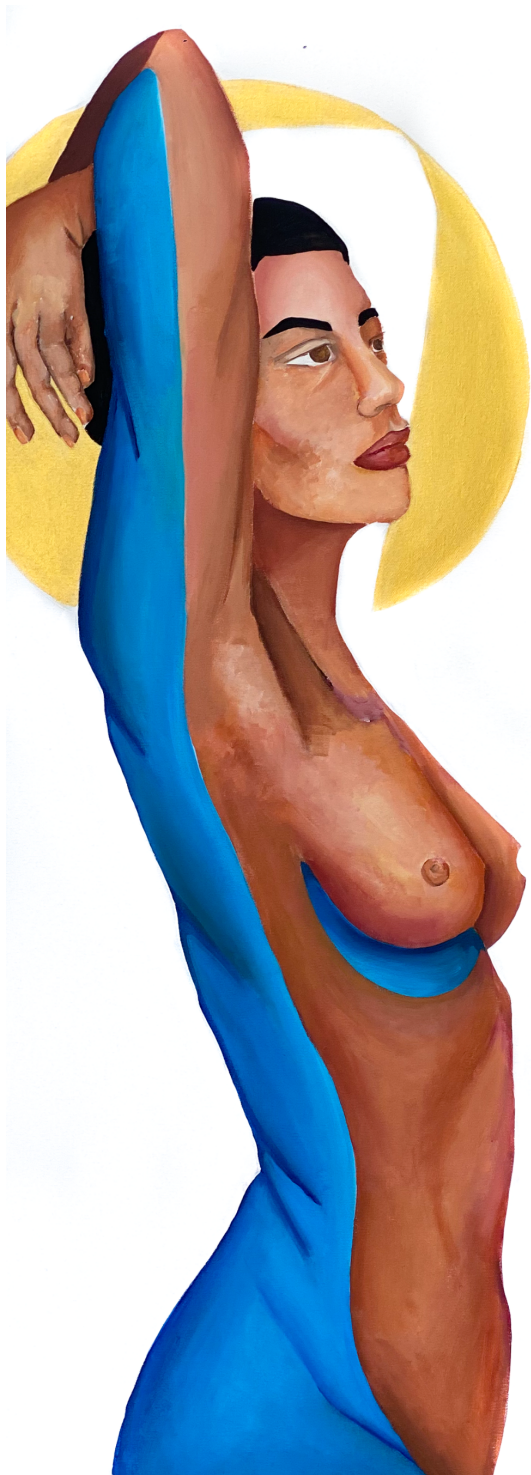
Diptych, Acrylic on canvas,
60 x 72.50 cm
2023



Acrylic on canvas,
80 x 80 cm
2023



Acrylic on canvas,
100 x 100 cm
2022



Acrylic on canvas,
120 x 60 cm
2022



Acrylic on canvas,
Diptych 92 x 60 cm
2022



Caregiver
Acrylic on canvas
Diptych, 50 x 100 cm
2022



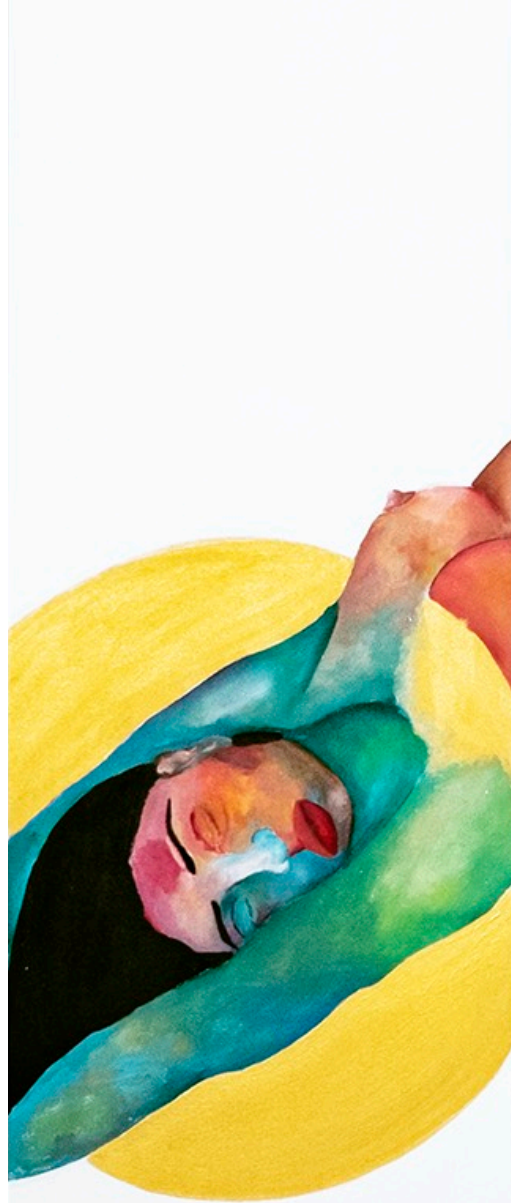
Acrylic on canvas,
100 x 100 cm
2022



Acrylic on canvas,
146 x 89 cm
2022



IMPÉRATRICE
Acrylic on canvas (triptych)
120 x 120 cm
April 2021



OCTOPUS
Acrylic on canvas (triptych)
120 x 180 cm
2021



SOUL-MATE

Acrylic on canvas
100 x 100 cm
2021

CONCEPT EXHIBITION

ConvivArt - Convivialism

“Today, our world is sliding into a totally dystopian society. One of the solutions should be cultivating the ‘Art of Better Living Together’. Our ongoing crisis is an alarm going off for humanity telling us that it’s time to wake up. We have to stop dreaming and start building a new future that is ethical and responsible,”

“Convivialism is a philosophy, a way of living, addressing all human beings without any particular specification or orientation. This message is international and can be understood by all cultures and people. The objective of this event is to encourage youths to be ‘convivial citizens’ who are both introspective and united together socially,”



HOMO SAPIENS,
Acrylic on canvas,
Diptych 120 x 60 cm
2021



BRAHMA NADI,
Acrylic on canvas,
Polyptych
2021



LIMBO
Acrylic on canvas
200 x 120 cm
2021



HUMAN ROUGE
Acrylic on canvas
200 x 120 cm
2021



FEMININITY & MASCULINITY

Acrylic on canvas

150 x 150 cm

2020

ADAM
2020



PARENTHOOD
Acrylic on canvas
150 x 150 cm
2020

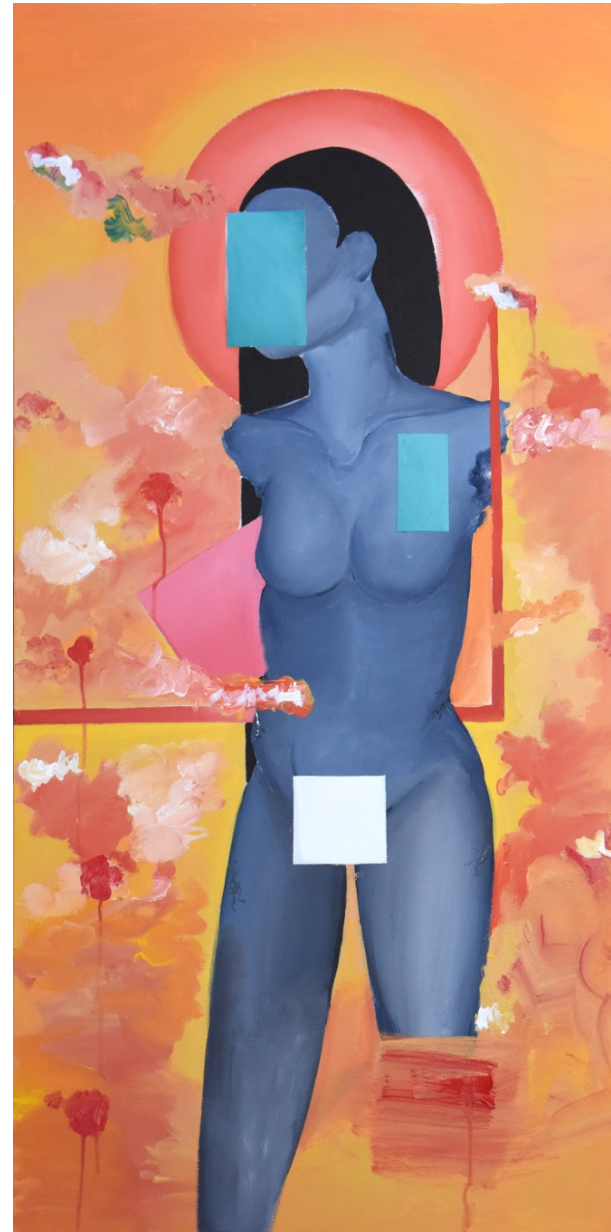
EXPERIMENTING DREAMS

Acrylic on canvas
100 x 100 cm
2020

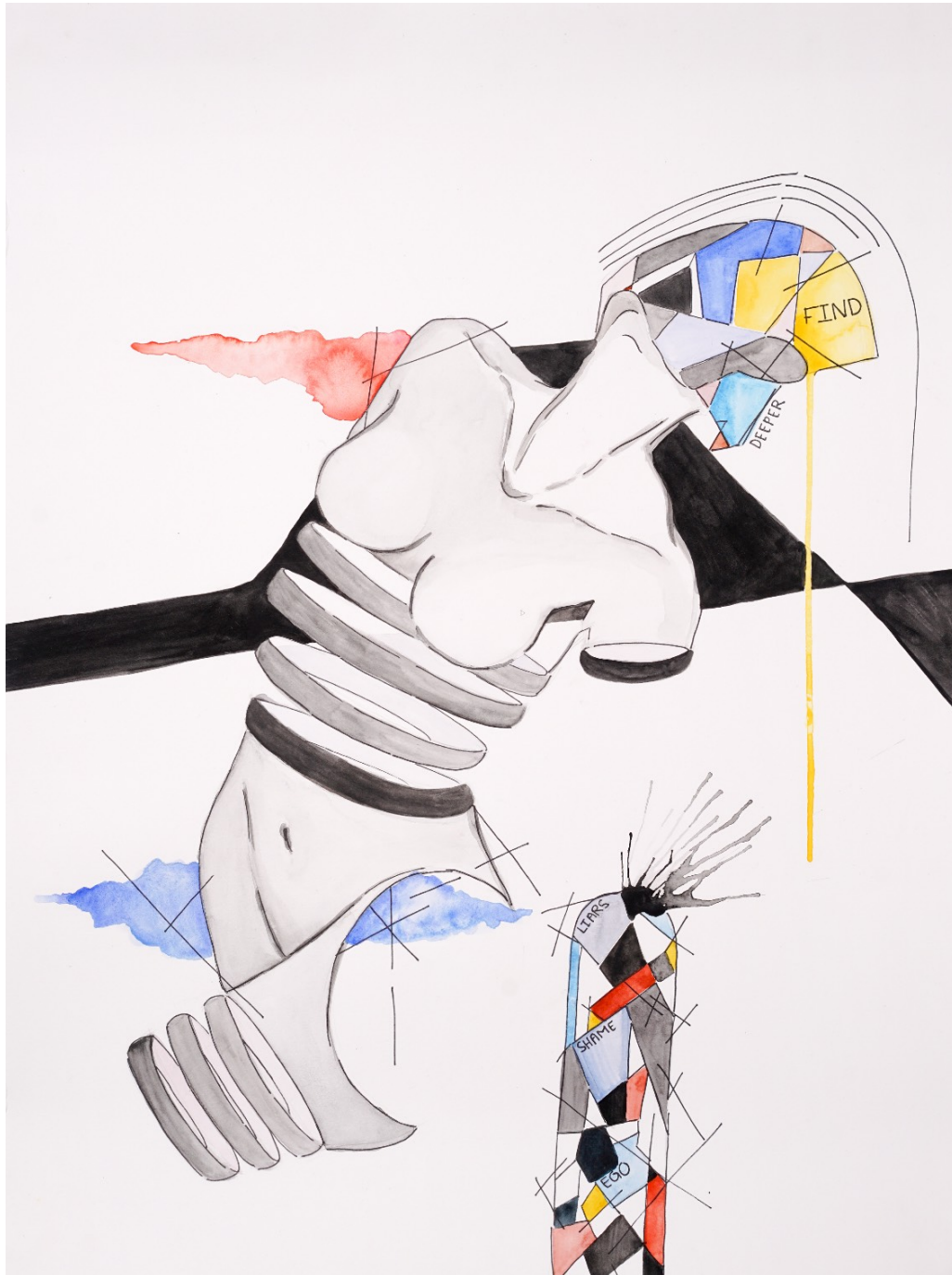




LIGAM
Acrylic on canvas
122 x 61 cm
2021



YONI
Acrylic on canvas
122 x 61 cm
2021



CONCEPT EXHIBITION

The Meaning of life

By experiencing my own cancer journey as a path to wisdom and understanding of my life cycle, I have become more enlightened and freed myself from my own inner suffering.

There is an art in living life, Vita ornanda : "Il faut magnifier sa vie, faire de sa vie une oeuvre d'art" but there is also an art of learning how to detach from all that we know.

MASTERING PERSPECTIVE

Watercolor – Acrylic on paper
109 x 75 cm
2020

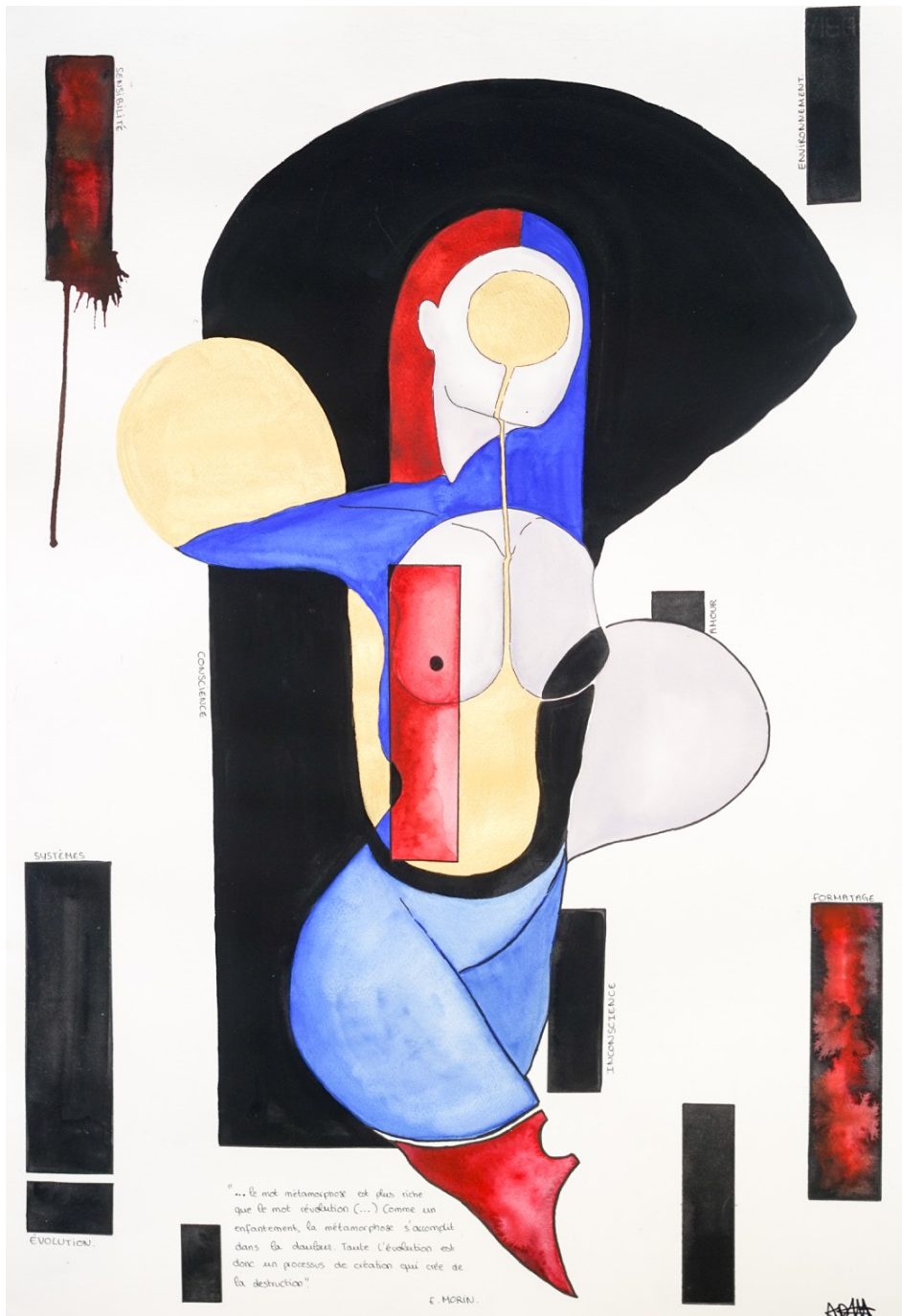


ACCEPTANCE

Watercolor - Acrylic on canvas
76.5 x 56 cm
2020

SELF UNDERSTANDING
Watercolor – Acrylic on paper
109 x 75 cm
2020





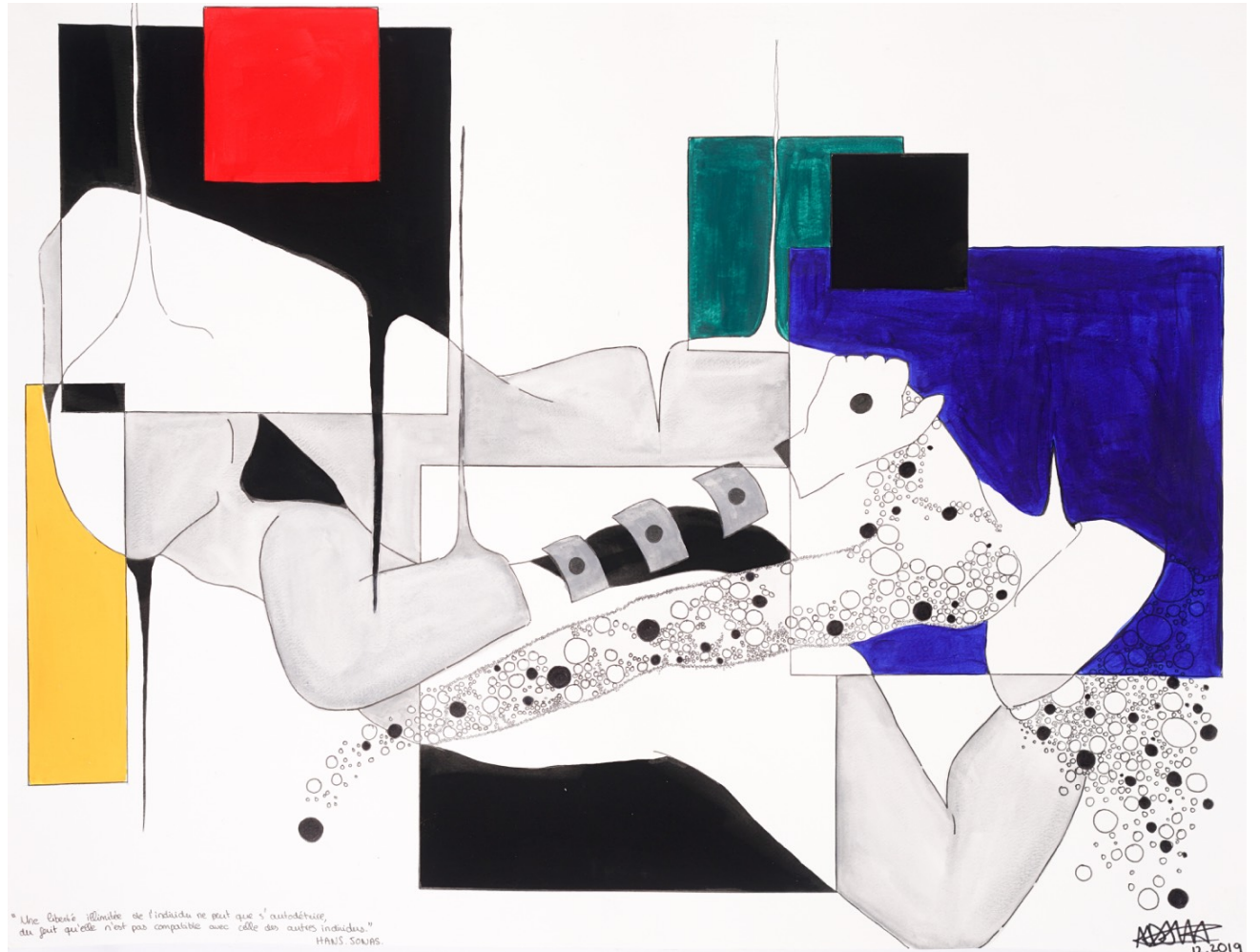
METAMORPHOSIS

Watercolor – Acrylic on paper
76.5 x 56 cm
2020

CYCLE OF LIFE
Watercolor – Acrylic on paper
55 x 70 cm
2020



APPREHENDING OTHERS
Watercolor – Acrylic on paper
65 x 50 cm
2020



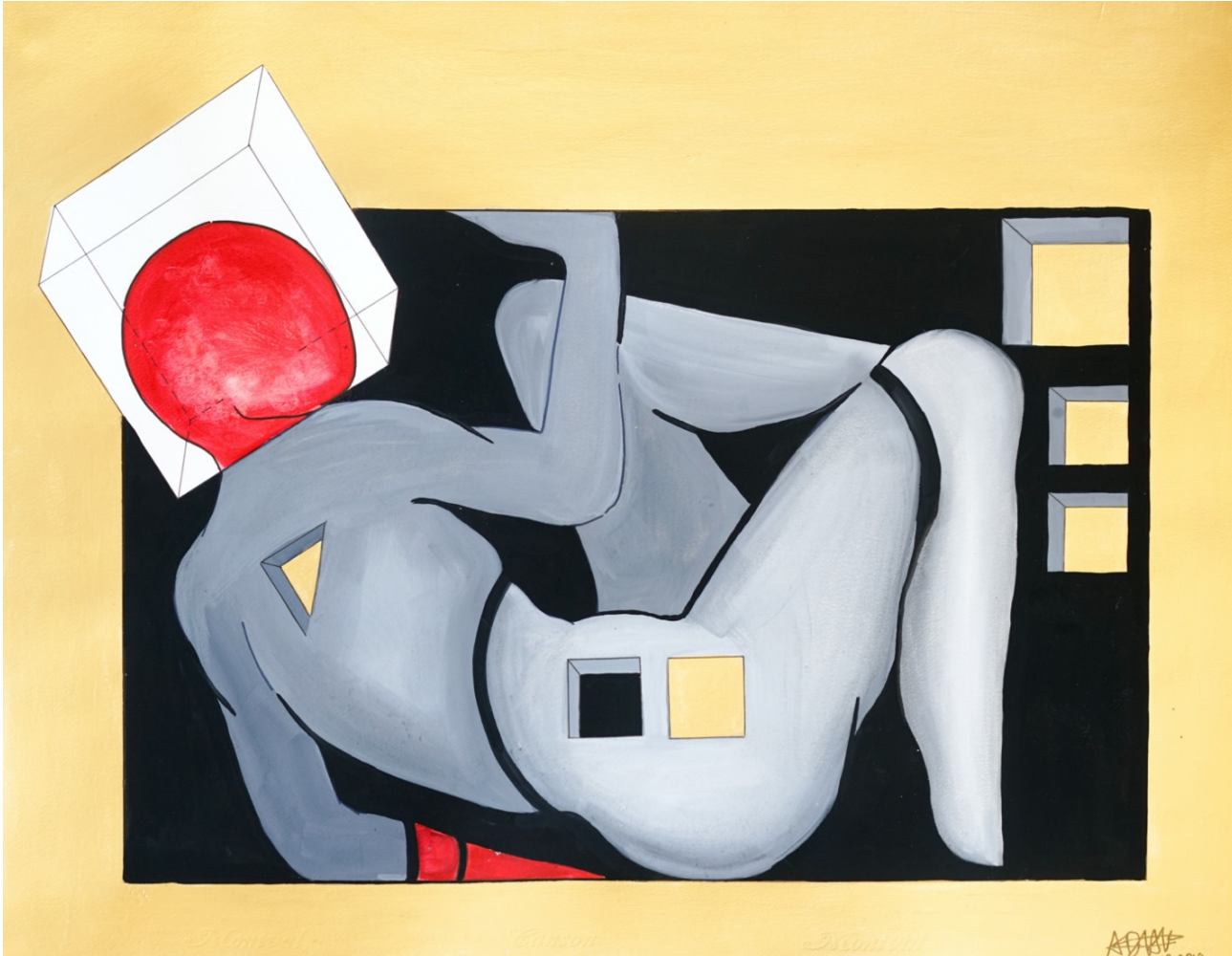


CONCEPTION

Watercolor - Acrylic on canvas

110 x 71 cm

2020



SELF DESTRUCTION

Watercolor – Acrylic on paper

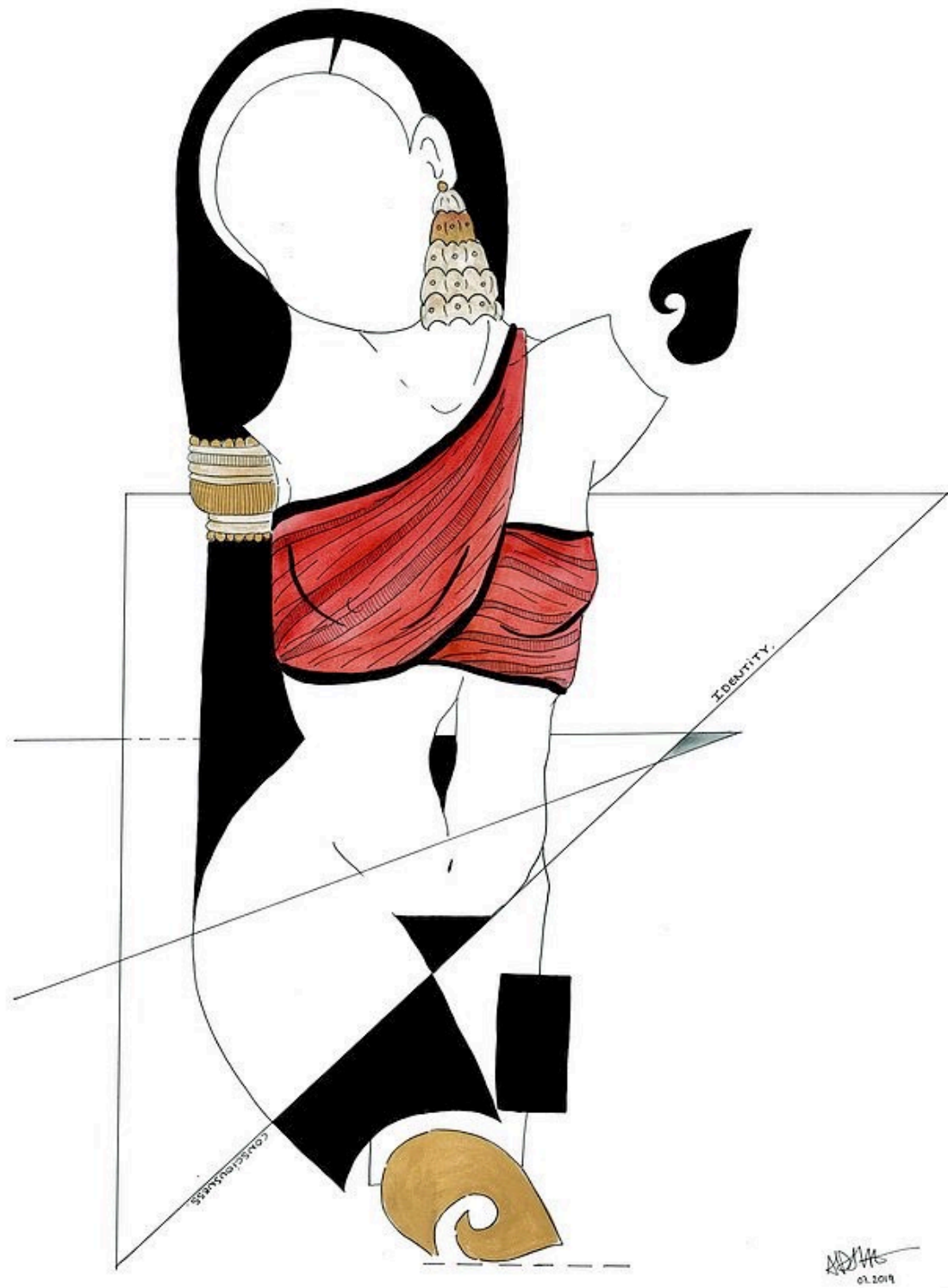
65 x 50 cm

2020



Collaboration with fashion designer Eric Raisina

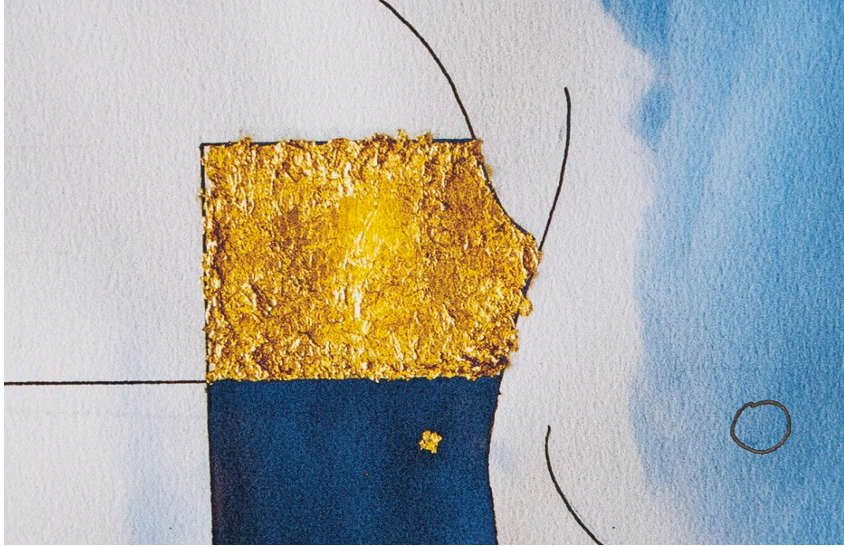




Collaboration with Fashion designer Eryia Muria & Kaliane Tea for Brussels Fashion Days

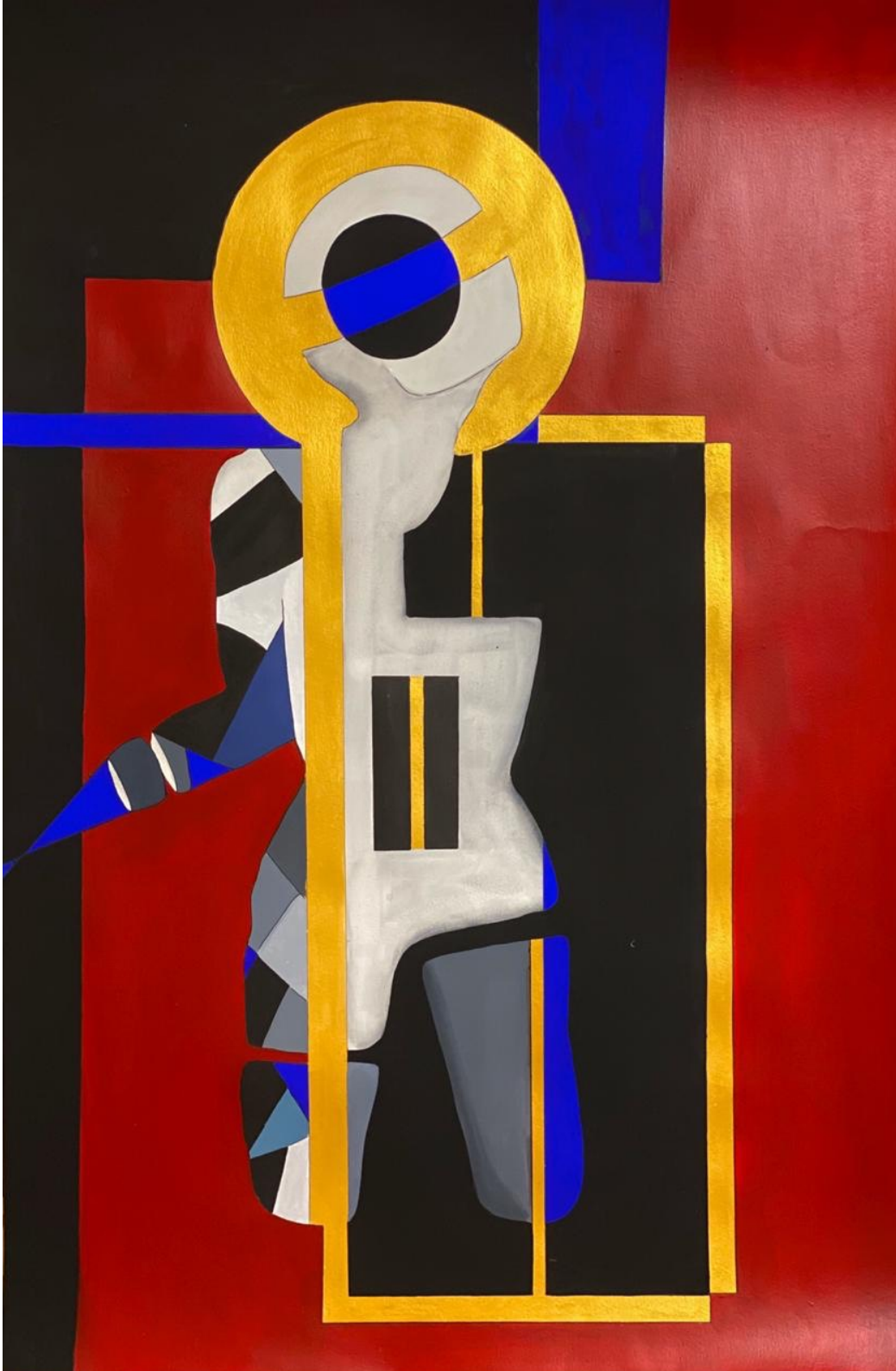


Collaboration with Fashion brand Ambre

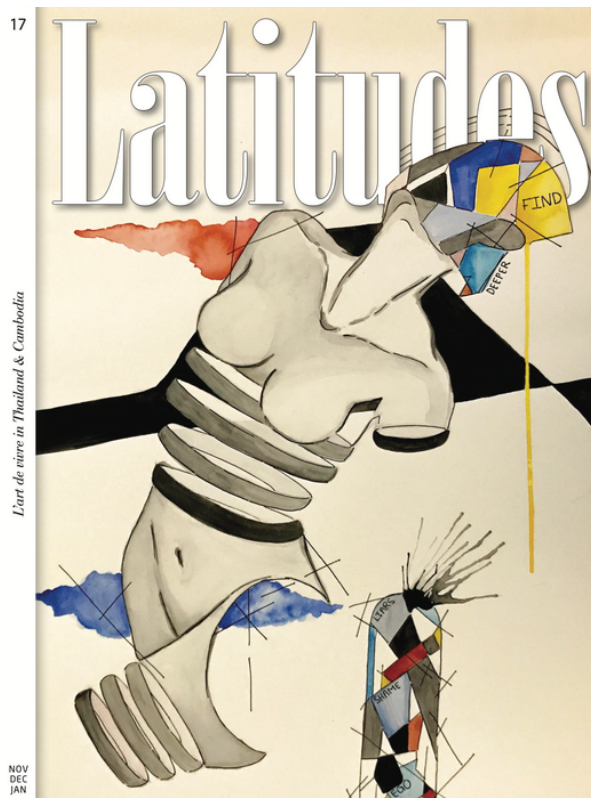


Collaboration with photographer Roman Koenig 2020

THE SAGE & THE SEEKER



PRESS



- **LATITUDE 17**

Artist in Resilience - *November 2019*

- **EXPAT LIFE THAILAND**

Adana Legros in her own world - *April 2020*

- **LIFE STYLE ASIA**

In conversation with artist activist Adana Mam Legros- *February 2020*

- **KHMER TIMES**

The art of living together at Rosewood Hotels - *September 2020*

- **PHNOM PENH POST CAMBODIA**

Cancer survivor triumphs with inspired exhibit - *September 2020*

- **PHNOM PENH POST CAMBODIA**

Artist changing minds and world - *February 2021*

- **KHMER TIMES**

Three NGOs receive \$60,000 from funds raised by the 'Art of Sharing' - *March 2021*

- **SCANDASIA**

EU and DanChurchAid sponsors campaign for women's rights in Cambodia - *September 2021*

- **GAZETTE LIVE**

Adana Legros - *March 2023*

- **MIDI LIBRE**

Exposition franco-allemande aux Dominicains - *May 2023*

- **PHNOM PENH POST**

Tackling the emotional silence of the past - *August 2023*

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EXHIBITIONS

01. **Art'ivisme - Gazette**

Montpellier, France (Avril 2023)

02. **Collective Exhibition, EntrelacsFlechtwerk - Espace des Dominicains**

Clermont L'hérault, France (June 2023)

03. **Conviv'Art - TheCommune**

Phnom Penh, CAMBODIA (December 2022)

04. **ASEM ART FESTIVAL - National Museum of Cambodia**

Phnom Penh, CAMBODIA (November 2021)

05. **I'LL SHOW YOU WHO I AM - FT Gallery**

Phnom Penh, CAMBODIA (September 2021)

06. **ORIGINS & BECOMING - The Plantation**

Phnom Penh, CAMBODIA (February 2021)

07. **THE ART OF SHARING - SOSORO Museum of Economy & Finance**

Phnom Penh, CAMBODIA (January 2021)

08. **I PLEDGE - Raffles Hotel Le Royal**

Phnom Penh, CAMBODIA (June 2021)

09. **COMPLEMENTARITY - Rosewood Gallery Space**

Phnom Penh, CAMBODIA (September 2020)

10. **THE ART OF DETACHMENT - Sra'Art Gallery**

Phnom Penh, CAMBODIA (August 2020)

11. **REINCARNATION - Strange Fruit Gallery Space**

Siem Reap, CAMBODIA (June 2020)

12. **THE MEANING OF LIFE - Alliance Française**

Bangkok, THAILAND (January 2020)

13. **COLLECTIVE EXHIBITION - Gallery Sarto**

Paris, FRANCE (June 2020)

14. **RACHANA & RENAISSANCE - Maison Du Cambodge**

Paris, FRANCE (November 2019)

15. **THE SENS OF CONSCIOUSNESS - Gallery 109**

Sydney, AUSTRALIA (June 2019)

16. **RACHANA - Brussel Fashion Days**

Brussels, BELGUIM (October 2019)

17. **MY RENAISSANCES - The living Gallery Outpost**

New York, USA (June 2018)

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